



Sri Lanka Deep South Bike Tour

Trip Highlights

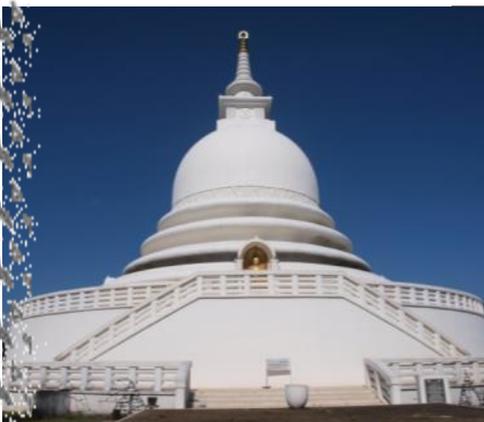
45-75 kms cycling daily.

Ride through amazing forests, rice paddies and tea plantations.

Spend the night in plantation bungalows amid the breathtaking scenery of the southern hills.

Baggage transferred by us each day leaving you free to enjoy the ride.

Bike hire and all meals provided.



The Trip

Our Deep South Bike Tour takes you on an intoxicating and exhilarating self-propelled tour through some of Sri Lanka's most breathtaking sites and scenery. This tour takes you off the beaten track into the beautiful scenery of southern Sri Lanka. Highlights include secluded temples overlooking verdant rice paddies, tea plantations, traditional villages, and fields of cinnamon, rubber, cashew nuts and bananas. The forest is full of wildlife ranging from monkeys and mongooses to monitor lizards and peacocks. There's no better way to get up close to the local wildlife than on a bike.



Get on your bike and explore some of Sri Lanka's most amazing and unforgettable locations!

Itinerary

Day 1 - Meet at Wijaya near Galle and begin trip. Visit temple for blessing then ride through paddies, lakes and hills. Spend the evening among tea plantations in the hills.

34km ride with 385m ascent

Day 2 - Continue ride through sweeping hills and beautiful plantations. Spend the evening in beautiful plantation bungalow.

41km ride with 500m ascent

Day 3 - Final day of ride through paddy fields, along rivers and past lakes to finish at Wijaya beach near Galle for a celebratory sunset drink.

73km ride with 370m ascent



Choose your departure date | No minimum group size

www.moonstone-expeditions.com



Included

All accommodation
(twin sharing full-board basis)
Luggage transfer daily to new
accommodation.
Bike and helmet hire
Support vehicle and fully-
qualified guides
Bottled drinking water

Not Included

Travel insurance
Beverages and Alcohol
Any transport costs to or from
start/finish point



Price

3 days - \$525 per person
(based on two people sharing.
Single rider fee \$200)

FAQs

Who will lead my bike tour?

Our cycling tours are run by fully UK-qualified Mountain Bike Instructors with local knowledge and first-aid training. They have many years of leading expeditions in these areas and have a high level of knowledge of local wildlife and history.

What bikes do you use?

We use reliable, quality brands such as Merida, Bianchi, Giant and Ribow. All our bikes are maintained by qualified and experienced mechanics.

Can I bring my own bike? Yes, of course.

What medical arrangements are in place?

In the event of one of our expedition members becoming ill or injured they will be evacuated to the nearest good-quality hospital. During the trip we have a back-up vehicle available to help. Any incidents will be managed by our operations staff in Sri Lanka and the UK.

How hard is the ride?

Our rides are first and foremost holidays and can be undertaken by anyone in a reasonable state of health and fitness. You will ride between 45-75km daily. There are some hills but nothing too extreme. A support vehicle is available if anyone needs a rest during the tour. We encourage all our expedition members to conduct some fitness preparation before joining the expedition – having a better level of fitness will allow you to enjoy the expedition more.

How many people will be on the tour?

There will be no more than 8 people on a tour. If you would like an exclusive tour please contact us for a quote.

Do I need my own travel insurance?

Yes.

Why travel with us?

Who we are

Moonstone Expeditions specialize exclusively in trekking and cycling tours to India and Sri Lanka. From our bases in the UK and Sri Lanka we have been delivering quality adventures since 2013.

We're the India and Sri Lanka experts

Many of our staff live in the region and have developed a deep passion for its truly stunning landscape, culture and people – and we want to share that passion with you.

We're flexible

We're not like most adventure companies. Choose your own departure dates to fit your travel plans. No minimum group size– we make sure your trip goes ahead whatever the size of your group. Customise your trip – no problem, change the start or finish point or add another activity.

Adventures for everyone

We offer adventures for all abilities. On our trips you don't need any technical skills or special equipment. We don't go anywhere too remote, too cold or too high altitude. Instead we offer accessible adventures which are off the beaten track and avoid busy tourist areas. We can provide all the equipment you need, allowing you to travel light.

We've got your safety in mind

Our Senior Management have many years' experience of planning and running adventurous expeditions worldwide and we use all of that experience when planning our trips.

Peace of mind

We're a UK registered company SC448143 and we're fully bonded in accordance with the DTI Package Travel Regulations 1992.



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