



Sri Lanka Knuckles Mountains Trek

Trip Highlights

Trek through mountains, cloud forest, plantations and rice paddies.

Visit Knuckles Range – Sri Lanka's last Wilderness.

Treks led by highly experienced, English-speaking local guides.

Baggage transferred by us each day leaving you free to enjoy the trek.

All meals provided.



The Trip

Our treks take place in the Knuckles Mountains (a UNESCO World Heritage Site) and are led by trained and qualified guides. The trip is all-inclusive with accommodation in homestays and fixed campsites. Guests' baggage is carried between campsites, allowing them to trek 12-16 km per day with just a day pack. Highlights include spectacular mountain scenery, secluded temples overlooking rice paddies, tea plantations, traditional villages, and fields of cinnamon, rubber, cashew nuts and bananas. Guests can expect to see wildlife ranging from monkeys and mongooses to monitor lizards and peacocks.

Join our trek and explore some of Sri Lanka's most amazing and unforgettable locations!



Sample Itinerary

Day 1 - Arrive and transfer from Colombo to Kandy. Stay in homestay in this beautiful and ancient city.

Day 2 - Day trek near Kandy to explore 3 amazing temples. After lunch return to Kandy.

Day 3 - Trek through tea plantations and jungle. Camp overnight at our Sky Camp.

Day 4 - Trek through jungle to spectacular waterfall – the highest in Sri Lanka. Camp overnight amid spectacular jungle scenery at our Base Camp.

Day 5 - Trek through this jungle to the spectacular Knuckles Summit. Return to Base Camp. Transfer from Kandy to Colombo.

Choose your departure date | No minimum group size

www.moonstone-expeditions.com



Included

All accommodation
(twin sharing full-board basis)
Luggage transfer daily to new
accommodation.
Professional Trekking Guide
Knuckles Range entrance fees
Group airport transfers

Not Included

Travel insurance
Beverages and Alcohol
Any transport costs to or from
start/finish point



Price

4 days - £399

5 days - £499

(per person, based on two people
sharing. Single trekker fee £150)

FAQs

Who will lead my expedition?

All of our expeditions are led by highly experienced local leaders. They have many years of leading expeditions in these areas and have a high level of knowledge of local wildlife and history. All of our leaders also receive appropriate First Aid training.

Do I need my own sleeping bag?

We can provide an equipment set comprising sleeping bag, liner, daysack, waterproof jacket and waterproof trousers. This costs £10 per person extra for the whole trip.

What medical arrangements are in place?

In the event of one of our expedition members becoming ill or injured they will be evacuated to the nearest good-quality hospital. During the trek we have a back-up vehicle available to help. Any incidents will be managed by our operations staff in Sri Lanka and the UK.

Do I need my own travel insurance?

Yes. You must be covered by adequate travel insurance. Your insurance must include cover for medical expenses, injury and cost of repatriation.

Do I need a Visa?

Yes, a visa must be obtained prior to arrival. Passports must be valid for at least 6 months beyond the date of entry. Visa forms and details of requirements can be found at www.eta.gov.lk

What vaccinations do I need?

You should consult your own doctor for a check-up. Your doctor will have access to the most up to date information on the required vaccinations for the country you are visiting.



Why travel with us?

Who we are

Moonstone Expeditions specialize exclusively in trekking and cycling tours to India and Sri Lanka. From our bases in the UK and Sri Lanka we have been delivering quality adventures since 2013.

We're the India and Sri Lanka experts

Many of our staff live in the region and have developed a deep passion for its truly stunning landscape, culture and people – and we want to share that passion with you.

We're flexible

We're not like most adventure companies. Choose your own departure dates to fit your travel plans. No minimum group size– we make sure your trip goes ahead whatever the size of your group. Customise your trip – no problem, change the start or finish point or add another activity.

Adventures for everyone

We offer adventures for all abilities. On our trips you don't need any technical skills or special equipment. We don't go anywhere too remote, too cold or too high altitude. Instead we offer accessible adventures which are off the beaten track and avoid busy tourist areas. We can provide all the equipment you need, allowing you to travel light.

We've got your safety in mind

Our Senior Management have many years' experience of planning and running adventurous expeditions worldwide and we use all of that experience when planning our trips.

Peace of mind

We're a UK registered company SC448143 and we're fully bonded in accordance with the DTI Package Travel Regulations 1992.



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